



## Good Friday 2026

*"My God, my God, why have you forsaken me?"*

Mark 15:34 (NIV)

*My God, my God, why have you forsaken me?  
Why are you so far from saving me,  
so far from my cries of anguish?  
My God, I cry out by day, but you do not answer,  
by night, but I find no rest.*

Psalms 22:1-2 (NIV)

*Yet you are enthroned as the Holy One;  
you are the one Israel praises.  
In you our ancestors put their trust;  
they trusted and you delivered them.  
To you they cried out and were saved;  
in you they trusted and were not put to shame.*

Psalms 22:3-5 (NIV)

*But I am a worm and not a man,  
scorned by everyone, despised by the people.  
All who see me mock me;  
they hurl insults, shaking their heads.  
"He trusts in the Lord," they say,  
"let the Lord rescue him.  
Let him deliver him,  
since he delights in him."*

Psalms 22:6-8 (NIV)

*Those who passed by hurled insults at him, shaking their heads and saying, "So! You who are going to destroy the temple and build it in three days, come down from the cross and save yourself!" In the same way the chief priests and the teachers of the law mocked him among themselves. "He saved others," they said, "but he can't save himself!"*

Mark 15:29-31 (NIV)

- **THE CRUCIFIXION WAS \_\_\_\_\_.**

*My mouth is dried up like a potsherd,  
and my tongue sticks to the roof of my mouth;  
you lay me in the dust of death.*

*Dogs surround me,  
a pack of villains encircles me;  
they pierce my hands and my feet.  
All my bones are on display;  
people stare and gloat over me.  
They divide my clothes among them  
and cast lots for my garment.*

Psalm 22:14-18 (NIV)

- **THE CRUCIFIXION IS \_\_\_\_\_.**

*For he has not despised or scorned  
the suffering of the afflicted one;  
he has not hidden his face from him  
but has listened to his cry for help.*

Psalm 22:19-24 (NIV)

- **THE CRUCIFIXION IS \_\_\_\_\_.**

*All the ends of the earth  
will remember and turn to the LORD,  
and all the families of the nations  
will bow down before him,*

*for dominion belongs to the LORD  
and he rules over the nations.*

*All the rich of the earth will feast and worship;  
all who go down to the dust will kneel before him—  
those who cannot keep themselves alive.*

*Posterity will serve him;  
future generations will be told about the Lord.*

*They will proclaim his righteousness,  
declaring to a people yet unborn:  
He has done it!*

Psalm 22:27-31 (NIV)

**Recommended resources:**

[\*Forsaken: The Trinity and the Cross, and Why It Matters\*](#), by Thomas H. McCall

[\*Old Made New: A Guide to the New Testament Use of the Old Testament\*](#), by Greg Lanier

[\*Jesus Is the Question: The 307 Questions Jesus Asked and the 3 He Answered\*](#), by Martin B. Copenhaver

**(NIV) New International Version**

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Mark 15:29-31 (NIV)

- **THE CRUCIFIXION WAS ALWAYS THE PLAN.**

*My mouth is dried up like a potsherd,  
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you lay me in the dust of death.*

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a pack of villains encircles me;  
they pierce my hands and my feet.  
All my bones are on display;  
people stare and gloat over me.  
They divide my clothes among them  
and cast lots for my garment.*

Psalm 22:14-18 (NIV)

- **THE CRUCIFIXION IS A DISPLAY OF GOD'S FAITHFULNESS.**

*For he has not despised or scorned  
the suffering of the afflicted one;  
he has not hidden his face from him  
but has listened to his cry for help.*

Psalm 22:19-24 (NIV)

- **THE CRUCIFIXION IS THE VICTORY.**

*All the ends of the earth  
will remember and turn to the LORD,  
and all the families of the nations  
will bow down before him,*

*for dominion belongs to the LORD  
and he rules over the nations.*

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